



## **Crown, Onlay, Veneer Prep Instructions**

You currently have a temporary restoration in your mouth for the next 2-4 weeks. Please read through these instructions thoroughly to ensure proper care.

- Please wait 1 hour before chewing on your temporary
- Please avoid gum and/or sticky foods. These can cause a temporary to pop off
- Do not use a water pik around the temporary
- When flossing, slide the floss out the side, do not pull up or down to get it out. These motions can cause the floss to get under the temporary and potentially pop it off
- Teeth and/or gum tissue may be sensitive or tender for 4-5 days following the treatment today. Feel free to take OTC medicine you usually take for discomfort
- If your temporary crown fractures, please call the office as soon as possible so we can get you in to make you a new one.
- If your temporary crown comes off:
  - It is not an emergency, but the actual tooth may feel sensitive
  - Keep the temporary
  - Go to your local drugstore for temporary cement to put on yourself; you may also use denture adhesive
  - Because the temporary is meant to be temporary, we bond it with a light cement so that we can retrieve it easily at your next appointment.
- The temporary is important to the final fit of the permanent crown, so it is vital that we keep it on for the entirety you are in it. .
- Please bring any retainers, night guards, or other appliances you wear to your crown seat appointment.

If you have questions regarding these instructions, please feel free to call our office at (970) 328-1116